

# *Twilight Grand Prix*

**Events Begin at 5:00 PM**  
**Rolling Schedule**  
**Field Events 4 attempts no finals**

**June 10**

**Roosevelt High School**

3000m	Long Jump
100/110mH	Triple Jump
100m	Shotput
800m	Discus
4x100m Relay	High Jump
400m	Pole Vault (TBD)
1500m	
200m	

**June 19**

**Lyons High School**

3000m	Long Jump
100/110mH	Triple Jump
100m	Shotput
800m	Discus
4x100m Relay	
400m hurdles	High Jump
400m	Pole Vault (TBD)
1500m	
200m	



**REAL**  
***TRAINING***