

Updated: 10/17/24

Joe Deloach Youth Invitational Track Meet

The University of Houston

Yeoman Field House

DATE: Sunday, January 19th, 2025

SITE: Yeoman Fieldhouse, University of Houston Athletics/Alumni Center
3204 Cullen Blvd., Houston, TX 77204

SCHEDULE: See Page 3

Entry Capacity: 600 Athletes

FACILITY: Yeoman Fieldhouse has a six-lane, 200-meter banked oval and eight-lane straightaway for 60-meter hurdles and sprints. The facility also includes two horizontal jump runaways with sand pits and two pole vault runways, boxes and pits. Throwing surfaces are plywood.

PARTICIPANTS: This meet is open to 13-14 and under athletes ONLY. Athletes must be at least seven (7) years of age by Dec. 31 of the current year to compete (2025). The age groups would compete as follows: 7-8; 9-10; 11-12; 13-14. Any person, other than youth aged athletes, who enters this meet will not be allowed to compete and will not receive a refund. **If there are any athletes in middle school that will turn 15 by the end of 2025, those athletes can register for the Carl Lewis High School meet.**

ENTRY DEADLINE: Entries will open Wednesday, November 20, 2024 and will remain open until the entry capacity of 600 athletes has been met. **NO LATE ENTRIES WILL BE ACCEPTED. Updated meet information will be posted at:**

<https://uhcougars.com/sports/2024/9/4/high-school-meets>

ENTRY PROCEDURE: Entries must be completed using the Direct Athletics website www.directathletics.com. Please check back regularly for additional updates and information. Once entries are completed payment is due. Please do not enter anyone that does not intend to compete because no refunds will be given. All athletes that have not paid their entry fee by the deadline will be scratched from the meet.

PACKET PICKUP: Packets will be available for pickup in the front lobby of the Athletic Alumni Center on the day of the meet from 7 a.m. to 12 p.m. **ALL PACKETS MUST BE PICKED UP BY 12:00PM THE DAY OF THE MEET.**

ENTRY FEE: The entry fee is \$25 per athlete (up to 3 events). Boys and girls teams/clubs are considered separate. At least one coach wristband must be purchased per team, per gender at the time of packet pickup. Coaches' wristbands are \$20 and grant access to the warm-up area and athlete seating in the venue. **Coaches' wristbands are NOT supplied with team entries.** There will be no refunds.

EVENT SEEDING: Events will be seeded by entry marks in Final Only Events. Enter a mark from the previous season in metric or imperial measurements (outdoor distances and marks will be accepted and converted if necessary). Meet Management will make every effort to seed the events properly. Any athlete who is entered with no mark will be seeded at the bottom of the entry list; therefore, coaches and athletes must send in a true and accurate mark. All heating and seeding of events will be final once the heat sheets have been published. Heat sheets will be available online no later than Saturday, January 18, 2025 or as soon as they become available.

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QUALIFYING PROCEDURES:

- 60M: There will be qualifying heats in the 60m dash if necessary. Athletes will not run with blocks in the qualifying heats. The eight fastest times will advance to the final by time.
- 200m and 400m: There will be qualifying heats in the 200m and 400m. Six athletes will advance to the final. Athletes will run without blocks in the preliminaries heats.
- 4x200m relay: The 4x200m relay will be contested in sections.
- All other running events: Heats against time if necessary. Distance events may be combined by age groups.
- Field events: Long Jump and Shot put will be a 4-attempt competition. Entry capacity 24 athletes per age group.

RULES: We will follow USATF rules.

PARTICIPANT ENTRY AND SEATING: Each athlete will receive a wristband and competition number in their packets which will serve as their pass to enter and exit the field house, as well as proof that entry fees have been paid. Athletes must enter through the south entrance to the field house. Athletes not competing must sit in the athlete seating section located on the Sport Court area.

SPECTATOR ENTRY: Spectators must enter through the front door of the Athletics/Alumni Center. Admission is **\$10.00 for adults and \$5 for children. Spectator seating is limited and available on a first come first serve basis. Spectator re-entry is allowed but will be limited to the facility's maximum capacity. Spectators may not bring outside food into the facility. The ticket office open 60 minutes before the first event.**

WARM-UP AREA: Athletes must warm-up outside (either on the outdoor track or grass field). In case of inclement weather, athletes will be permitted to warm up inside on the sport court and on the track at the discretion of meet management. Trainers must set up in the Sport Court. **SPIKES MAY NOT BE WORN ON THE SPORT COURT.**

CHECK-IN: The clerk of the course is located at the end of the straightway adjacent to the door that leads to the outdoor track. Competitors must check-in 30 minutes prior to their event at which point athletes will receive their hip numbers, heat and lane assignments. Competitors must come to the track ready to check-in and compete (track uniform and spikes). Field event athletes must check in with the head official of their event 30 minutes prior to the start of their event. **Due to the number of competitors, Coaches/Parents are not allowed in the Check- In area.**

HEAT SHEET & RESULTS: Heat sheets will be available online no later than Saturday, January 18, 2025.

AWARDS: The three athletes and relay teams in each event will receive medals.

T-SHIRTS: T-Shirts will be available for sale at the meet only. No advance orders will be taken.

IMPLEMENTS: Only soft-shelled indoor shots may be used.

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Tentative Meet Schedule

MORNING SESSION (We will start with younger ages, and will run all girls, then all boys)

FIELD EVENTS

11:00 AM	BOYS	SHOT PUT (All Age Groups)	4 THROWS (24 Athletes Max)
	GIRLS	LONG JUMP (Under 8; 9-10; 11-12; 13-14)	4 JUMPS (24 Athletes Max)
	BOYS	LONG JUMP (Under 8; 9-10; 11-12; 13-14)	4 JUMPS (24 Athletes Max)

RUNNING EVENTS (ROLLING SCHEDULE)

9:00 AM	GIRLS	NO BLOCKS	200M (All Age Groups)	PRELIMINARY
	BOYS	NO BLOCKS	200M (All Age Groups)	PRELIMINARY
	GIRLS	NO BLOCKS	400M (All Age Groups)	PRELIMINARY
	BOYS	NO BLOCKS	400M (All Age Groups)	PRELIMINARY
	GIRLS	NO BLOCKS	60M (All Age Groups)	PRELIMINARY
	BOYS	NO BLOCKS	60M (All Age Groups)	PRELIMINARY

AFTERNOON SESSION

FIELD EVENTS

12:30 PM	GIRLS	SHOT PUT (All Age Groups)	4 THROWS (24 Athletes Max)
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RUNNING EVENTS (ROLLING SCHEDULE)

1:30 PM	GIRLS	4X200 RELAY (7-8,9-10)	FINAL
	BOYS	4X200 RELAY (7-8,9-10)	FINAL
	GIRLS	200M (11-12,13-14)	FINAL
	BOYS	200M (11-12,13-14)	FINAL
	GIRLS	400M	FINAL
	BOYS	400M	FINAL
	GIRLS	1000M	FINAL
	BOYS	1000M	FINAL
	GIRLS	60M DASH	FINAL
	BOYS	60M DASH	FINAL
	GIRLS	60M Hurdles	FINAL
	BOYS	60M Hurdles	FINAL
	GIRLS	200M (7-8,9-10)	FINAL
	BOYS	200M (7-8,9-10)	FINAL
	GIRLS	4x200 Relays (11-12,13-14)	FINAL
	BOYS	4x200 Relay (11-12,13-14)	FINAL